



H.E.L.P.

Annual Report for 2021

Because Older Adults Matter

H.E.L.P. is a free education, counseling and referral resource for seniors and their families, to help them live their best lives. We provide current and accurate information on care resources, legal protections, senior scam updates, and financial planning tools. Our purpose is to ensure that older adults and their families will be able to make well-informed decisions on what might be in store. In this 2021 annual report, we would like to share some information on those who came to us for assistance, and those whose donations made our continued services secure.

Education and Counseling Services

Programs

Private Consultations on long term care planning, estate administration, healthcare services.

Full Classes – Two hour classes that provide information on ways to stay in charge of finances; elder residential care options; Medi-Cal coverage for nursing home care; Medicare; medication management; safety at home; consumer issues and avoiding elder abuse.

Mini Classes – 30 to 60 minute presentations on aging preparedness and care issues.

Community Advocacy – Neighborhood networking for seniors.

Listen, Then Help – In-person, telephone, e-mail, or mail information, advice and service referrals.



Publications

Nuts and Bolts Guides – concise guides making complicated issues understandable.

Your Way – end-of-life planning, communication guide and an advanced health care directive.

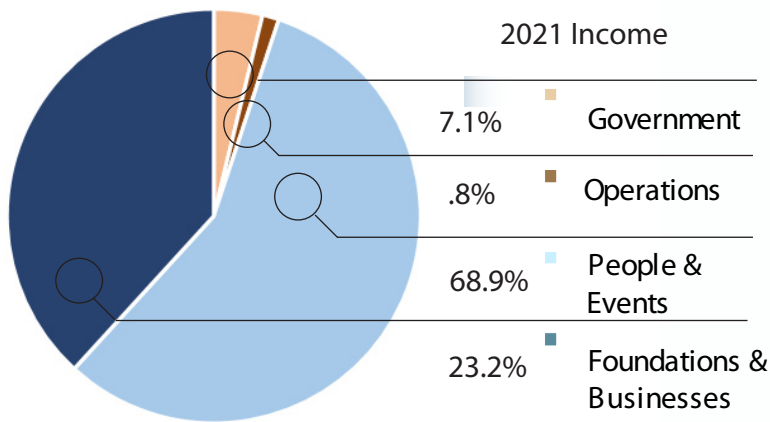
H.E.L.P. Is Here – online & hard copy magazine bringing the latest news and information on elder care, law, finances and consumer protection.



Website: www.help4srs.org
Our website offers up-to-date information and resources instantly across the United States and the world.



Financial Results



Every dollar counts – 78% of our spending goes directly to programs (unaudited, before preparation of IRS Form 990).

2021 Expenses

78% Programs



22% Management, General, & Fundraising

To provide quality services to older adults and their families, H.E.L.P. depends on generous and continuing support from its donors. In 2021, more than 92% of our funding relied on these donations, as shown by the pie chart above.

Service Achievements

Despite the Covid-19 pandemic, H.E.L.P. experienced many service achievements throughout 2021. We continued instituting our strategic plan resulting in additional service improvements. We transitioned to virtual communication classes and continued providing telephone counseling as our doors remained closed for in-office counseling. Seniors and their families continue to receive consultations and advice on healthcare, financial matters, and information on available government entitlement programs. H.E.L.P. partners with other organizations in providing our community outreach programs and services for seniors.

In 2021, H.E.L.P. presented 159 community classes virtually by zoom with an attendance of 5,694. H.E.L.P. also distributed 14,445 publications and directly served over 7,800 clients. This year, nearly 374,000 people visited our website to receive information on eldercare issues.

Donors (Cumulative Donations From 2019 - 2021)

Support Levels

Mega Super Colossal H.E.L.P.er - \$50,000 or more; **Super Colossal H.E.L.P.er** - \$25,000 to \$49,999; **Colossal H.E.L.P.er** - \$10,000 to \$24,999; **Benefactors** - \$2,500 to \$9,999; **Partner** - \$1,000 to \$2,499; **Super H.E.L.P.er** - \$500 to \$999; **Extra H.E.L.P.er** - \$100 to \$499

Businesses

Colossal H.E.L.P.er:

Brigante, Cameron, Watters & Strong LLP, Charles McDonough Accountancy Corp., Farmers & Merchants Trust Company, First Foundation Bank, Harris Financial Advisors, Inc., Johannessen Trading Company, Pacific Premier Bank

Benefactor:

American Honda Motor Co., Inc., Continental Development Corporation, Legacy Financial Group, LLP, Niman & Associates, Inc., PDM, LLP, Pettler & Miller, LLP, Watson Land Company

Partner:

Law Office of Garee T. Gasperian, Providence Little Company of Mary Medical Center, Red Chamber Co., The Canterbury, Torrance Refining Company, Wayland & Vukadinovich LLP, Welch & Co.

Super H.E.L.P.er:

Albitz/Miloe and Associates, Inc., Conover & Grebe, LLP, Ralphs Community Contribution Program, Simon & Palmer, Terranea Resort

Extra H.E.L.P.er:

American Qualify Care for the Elderly, Cetera Advisor Netowrks, LLC, Corporon Law Office, DS Design, Guy Hocker Realtors

Donors (Cumulative Donations From 2019 - 2021) Continued

Foundations, Government and Groups

Mega Super Colossal H.E.L.P.er:

The Ahmanson Foundation, John W. Bohannon Family Trust, McMillen Family Foundation, Scriba Family Trust

Benefactor: Confidence Foundation, Los Angeles County Supervisor Janice Hahn, Marcil Family Foundation, Noble and Lorraine Hancock Family Fund, Oarsmen Foundation Sandpipers Philanthropy Fund Inc.,

John Gogian Family Foundation, Smith-Welsh Foundation, West Basin Municipal Water

Partner: Torrance Memorial Foundation

Super H.E.L.P.er: California Community Foundation, Torrance Lions Club

Big H.E.L.P.er: P.E.O. Sisterhood International, Chapter PN

Individuals, Couples and Families

Mega Super Colossal H.E.L.P.er

David & Ann Buxton

Colossal H.E.L.P.er:

Brad Baker, Michael & Honeya Barth, Drs. Tom & Tricia Paulsen

Benefactor:

Kent & Lauren Burton, Barbara Carlson, Pat & Cathy Carroll, Chris & Kim Engen, Estate of Alfred Carrasco, William & Phyllis Glantz, Sibylle Grebe, Esq., Jeff & Nancy Grant, Zaffar & Teresa Hassanally, Yim Hom & Dr. Simon Lo, Juris & Laura Kauls, Robin Krotz, Allen & Dorothy Lay, Grant Niman, Judy Ruiz, Cynthia Rustanius, Robert & Mary Sheh, Manny Sousa, Donald & Melanie Tanaka, Michael Tramontin, Robert & Hillary Watts, James & Nancy Welsh

Partner:

Robert & Rosalie Abelson, Philip & Velma Albitz, Donald Corsaro, Merle & Kathy Countryman, Michele & Paula Del Vicario, Raymond & Anne Destabelle, Carolyn Elliott, Jacqueline Glass, Charles R. Holmes, Darlene Holubiak, Stella Horton, Joyce Kochanowski, Aaron & Maude Landon, Kevin Liedlich, Rick & Sally Moton, Carol Lee Rhyme, Philip Johnston Ross, Sharon Ryan, Sandra Sanders, Laura Schenasi, Nancy & Timothy Scott, Susan Seamans, Linda Smith, Michael Swanson, Robert & Elly Visser, Kay Wardell, James & Nancy Welsh

Super H.E.L.P.er:

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Extra H.E.L.P.er:

Sandra Allbee & Jerry Wahlin, Robert & Karen Armstrong, Jeffrey & Debbie Atkins, Carolyn Ayers, Jacqueline Bacharach, Robert & June Bacon, Paal & Edel Bakstad, Dr. Peter Barrett, Frederick & Judy Bayer, Kathy Benz, Elvira Beskos, Vijay & Sharda Bhasin, Allen & Wendy Bond, Thomas & Frances Booth, Alvin & Judy Borne, Mary Boyd, Sue Breiholz, Gertrude Brown, Gretchen Calhoun, Christine Campisi & Larry Schmidt, David & Phyllis Cannom, Richard Carter, Fred & MaryAnn Chappelle, Leonor Chernila, John Chevedden, Cindy Chew, Fred & Sue Christie, Earl & Shirley Clark, Annetta Cochran, Michael & Linda Cochrane, Mary Coe, Chris Collignon, Eldon & Cynthia Cotton, Warren & Winifred Cutting, Howard & Janet Davis, Carol Dean, Ruth Depuy, Michael & Susan Dillenback, James & Mary Ann Donahue, Donald & Donna Duperon, Helmut & Susanna Epp, Peggy Escobedo, Joanna Farmer, Sunya Felburg, Norma Fernandez, Joan Fey, Kathleen Fitzgerald, Mary Ellen Foti, Debra Frank, Irene Freitas, Marty Gamble, Stephen Gildersleeve, Dr. Lynn & Sheri Gill, Dr. Mark Goldberg, John & Katherine Gonzalez, Rowena Gordon, Mariela Gorosito, Karen Gottlieb, Quintus & Sharon Guthrie, Mary Haag, Allen & Mary Hammer, Eric Harris, Jane Hashimoto, Don & Alma Hazzard, Robert & Eileen Hecht,

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Helping The Elderly Live Productively (H.E.L.P.)

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Partner, PDM CPAs, LLP

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Past President
Medical Group Director (Retired)

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CPA Partner, Niman &
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Baker Burton & Lundy, LLP

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Executive Director

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Michael A. Barth, A Professional
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Farmers & Merchants Bank

Laurie Glover, Senior
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and Merchants Trust Co.

Laura Kauls, CPA, (Ret.)

Lauren Phan, Financial Advisor
RBC Wealth Management

Nancy Scott
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Ardis Shubin
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Specialist

Sylvia Perri
Community
Services
Assistant

Mary Murphy
Bookkeeper

Rich Faulkner
IT Coordinator

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H.E.L.P.®

Healthcare and Elder Law Programs

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